# NALOXONE



HERE

KEEPING S X HAMILTON

#### opioid poisoning

how to respond and save a life

### shake and shout

the person at their shoulders

their name



## **call 911**

if the person is unresponsive



## spray naloxone

remove the naloxone from the kit and insert the tip into a nostril, then press the plunger firmly with your thumb



## check breathing

if the person is **not** breathing, begin chest compressions and rescue breathing as trained or instructed by 911



# is it working?

if no improvement after 3-5 minutes, repeat steps 3 and 4 if yes, stick around until EMS arrives in case the person still needs help







- Store naloxone at room temperature and away from light.
- Note its expiration date and contact Keeping Six at keepingsix.org/naloxone if you need a new kit.
- Replacement kits can also be obtained from one of Hamilton Public Health Services's naloxone distribution partners. Visit hamilton.ca/naloxone for a list of distributors.